

Risk Management & Insurance



Weekly Update May 17, 2019

Benefit News

Shingles Vaccine



If you are age 50 or over, the shingles vaccine is considered preventive and is covered 100%. Contact your primary care doctor or any CVS pharmacy to be sure they have the vaccine in stock.

Both Zostavax and Shingrix are covered under all three Aetna plans.

HealthCare BlueBook Shop Smart Challenge

If you are an Aetna health plan member and you shop for the best deal on consumer products, then see how saving on your medical care can be just as easy when you use Healthcare Bluebook! To take the challenge - Shop Smart Challenge

With Healthcare Bluebook, you could save hundreds – potentially thousands – of dollars on care with a simple search. Discover dramatic price differences on medical care and how much you can save using Healthcare Bluebook. Participate by **5/24/2019** for a chance to receive a \$25 Amazon gift card! We will draw five names each week.

Congratulations to the first week's winners: Carol Jeffers, Paula Green, Irma Vargas, Joseph Berezcki, and Mark Keyser

For more information - [HCBB](#)

Special Enrollment – MetLaw Group Legal Services

There is a special mid-year election available for the MetLaw Group Legal Services Plan, who offers expert legal help when you need it. Pinellas County Schools is pleased to offer you MetLaw, with unlimited¹ access to top-quality network attorneys **for less than \$1 a day**. The per pay deductions will be \$11.85 and you'll have legal assistance that might cost others hundreds, even thousands of dollars — ready whenever you are.

Enrollment in MetLaw is open through **May 24th, 2019** for an **effective of July 1, 2019**. (Note that deductions will not begin until August 30th for instructional/ administrative/ professional/ technical/ supervisory staff and September 6th for support staff.)

MetLife had system issues with the enrollment process during the first week of May but they have updated their system and enrollment is available online or by telephone.

To enroll or find more information about the plan visit metlife.com/mybenefits or call **1-800-GET-MET-8**.

Wellness News

[PCS Employee Wellness Interest Survey](#)

Complete the survey to be entered in for a random gift card drawing.

Pinellas County Schools recognizes the importance of offering you opportunities to make a difference in your well-being! Therefore, we are conducting an *Employee Wellness Interest Survey* to determine your interest in participating in worksite wellness programs. We want to hear your thoughts and ideas on how to provide you with the programs and activities designed to meet your needs for the future.

Please help us by completing [this short survey](#). It will only take a few minutes of your time. The survey is completely voluntary and confidential! If there is a question you don't feel like answering, just skip it and move on to the next one.

However, if you would like to be entered into a random drawing for a \$20 Publix gift card enter your PCS email on the last question. Please complete the survey by Friday, May 24 to be entered into the drawing.

Thank you in advance for your participation!



Stay Mindful on Vacation

So often, you go on vacation to break from your busy schedules and daily routines. But being on vacation can sometimes create more stress and chaos than peace of mind. Practice mindfulness on your vacation with these tips.

If you participated in the mindfulness challenge in April, please be sure you completed the post-challenge survey. Visit [Mindfulness Challenge](#) to log in and complete the post-challenge survey.

If you need a doctor while in paradise, you've got Teladoc

If you're traveling soon, remember you can talk to a doctor from anywhere in the United States within minutes. Employees with medical insurance through the school board have Teladoc through Aetna. For more information about Teladoc, please visit pcsb.org

Employee Discounts

- [Pinellas County Main Discount Page](#)
- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Amelia Arena upcoming concerts](#)